

Do You Know What Makes Your Spouse Tick?

By Sharman G. Lawson

For many couples talking about sex in relationships can be uncomfortable. However, it is necessary. Not communicating about sex can cause tension and bitterness. You cannot assume you know what makes your spouse tick. It is your responsibility to find out in order to please them. The rule is to never assume that you know what works sexually for your significant other. Ask. You may be surprised and have a new revelation by just talking about your needs. No one should be the boss in the bedroom. It should be a mutual commitment to equally satisfy and please each other, continuously. So, my question to you is do you know what makes your spouse tick?

Many times women are more emotional than men. Women may like the fore-play that leads up to the lovemaking. However, it really depends upon the personality, because there are men that enjoy the conversation, cuddling, touching, and that is enough sometimes. Then you have some women that just want to get down to business all the time. Don't think the gender determines the emotional and sensitively level of the person when it comes to sex. Sure, the presumption is that women may not be as aggressive, demanding or sexual as men, but the reality is that it depends on the person.

That is why it is so important to talk about what you want, and what makes you feel good and not so good. You may be doing something assuming they are happy, and they absolutely hate and dread it. Talk. What do you need to get you in the mood? What are they doing that you like? What don't you like? Is there something new you want to try? Sit down and have an open honest discussion about your needs at a scheduled time. Write the information down, so you won't forget. Repeat what your spouse says to get clarity and understanding. Do not assume you know exactly what your partner want and need.

Is your spouse visual? Wear something that turns them on. Look good, clean, and sexy! Be romantic, fun, and loving like you just met. Is it a good and pleasant conversation that sets the mood for you? Don't think you can act like the devil all day, belittle, act disrespectful, and then when you want "some" in the evening they are ready with open arms. No, you need to massage the conversation in order to get that massage at night.

Finally, listen to you spouse. If they are talking and telling you what they need, pay attention. Do not be offended by what you hear. Take heed. Would you rather be uncomfortable for a short time listening or uncomfortable for a long time because needs are going unmet? Listen and learn what your spouse desires are. Be open to changing from the status quo. When you discover what your spouse really want and need sexually, you may have a ticking bomb ready to explode.

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